

Walking in the Dordogne Valley



A region full of elegant stone houses and medieval castles, the Dordogne boasts stunning scenery with a combination of villages, forests and farmland. Focused around the Dordogne River Valley, this itinerary has plenty of scope to absorb the history and culture of the Perigord. With marvellous food and colourful markets (particularly Sarlat) you will discover the specialities of the region including mushrooms, walnuts, chestnuts, truffles and strawberries. The Benedictine Abbey in Souillac and the delightful villages of Beynac and Domme are fine examples of period architecture that really add to the flavour of the region.

Trip highlights

- Walking between the stunning villages of the Dordogne
- Discovering the many chateaux and castles lining the banks of the Dordogne
- Sampling the exquisite regional cuisine
- Soaking up the atmosphere in Beynac and Domme, two of the 'Most Beautiful Villages of France'

Day 1: Arrival in Souillac

- Transfer to hotel upon arrival.
- Explore the charming town with its abbey church and shops.
- Optional upgrade available for a 5-star chateau stay.

Meals: Dinner

Day 2: Rouffillac to Sarlat

- Transfer to Rouffillac.
- Walk through wooded hills and fields to Sarlat (5 hours, 17km).
- Discover the capital of the black Perigord.

Meals: Breakfast and Dinner

Day 3: Explore Sarlat

- Enjoy the medieval town of Sarlat (3 hours, 11km).
- Opportunity to visit the Saturday morning market.
- Optional side trip to the Lascaux Caves.

Meals: Breakfast

Day 4: Sarlat to Beynac

- Walk through oak and chestnut tree paths to Beynac (4 hours, 13km).
- Explore the beautiful village and its Medieval fortress.

Meals: Breakfast and Dinner

Day 5: Beynac to Domme

- Walk into the heart of the Dordogne Valley to Domme (4 hours, 12km).
- Option to take a boat trip in La Roque Gageac.

Meals: Breakfast and Dinner

Day 6: Domme to Carsac

- Walk through Dordogne river valley's scenery to Carsac (4-5 hours, 16km).
- Enjoy views of the chateau de Montfort.

Meals: Breakfast and Dinner

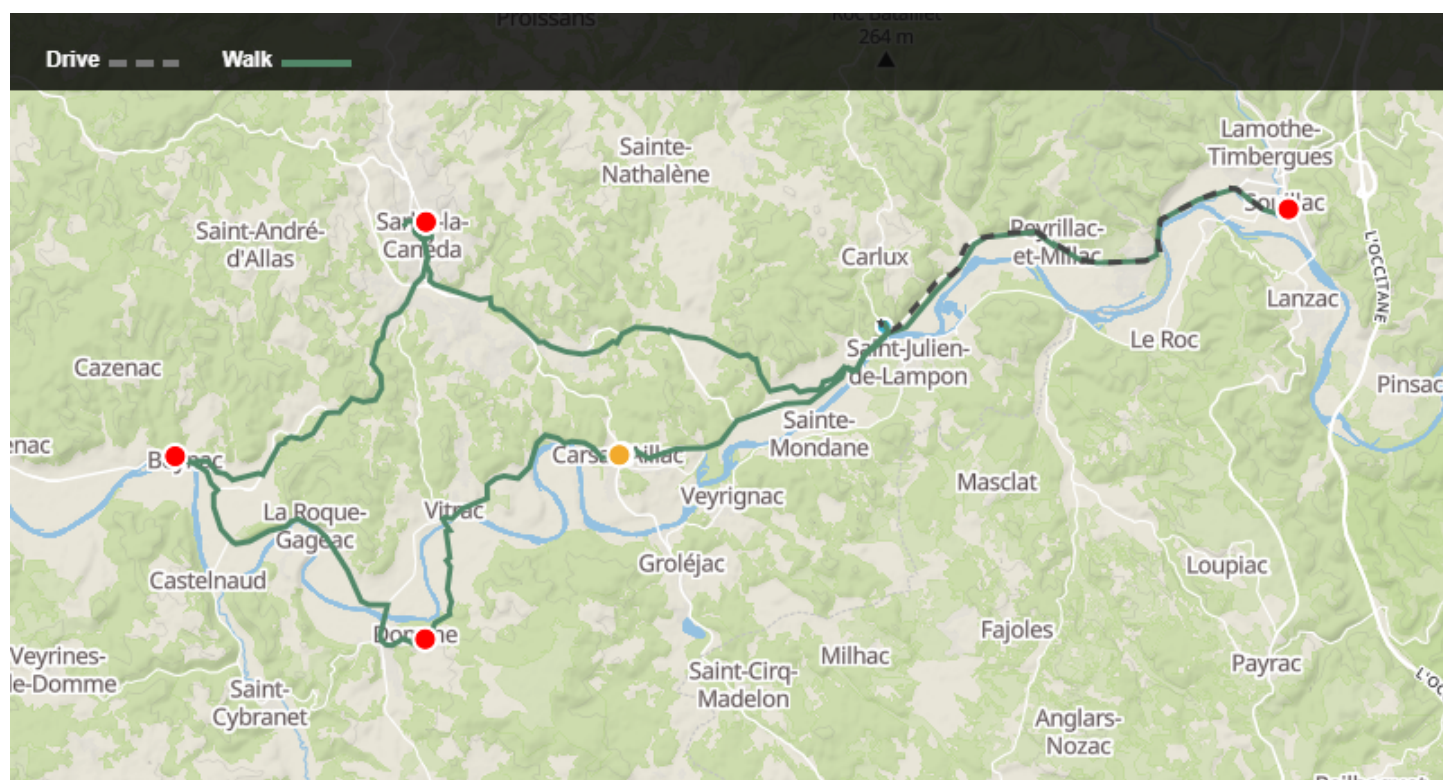
Day 7: Carsac to Souillac

- Riverside walk back to Souillac (5-6 hours, 22km).
- Enjoy the quintessential Dordogne scenery.

Meals: Breakfast

Overnight: Souillac

Day 8: Departure from Souillac



Included:

- 7 breakfasts, 5 dinners
- Accommodation in 3-star hotels, 1 night in a 2-star hotel
- Digital information pack, luggage transfer, arrival briefing

Excluded:

- Travel to/from Souillac
- Optional trips, personal expenses, travel insurance

Grading: Introductory to moderate (Grade 2) with some steep, slippery sections. Good fitness required.

Departure Dates: Daily from 1 April to 31 October