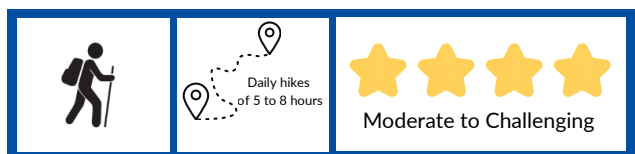


High Trails of the Bernese Oberland Guided Hike



Overview:

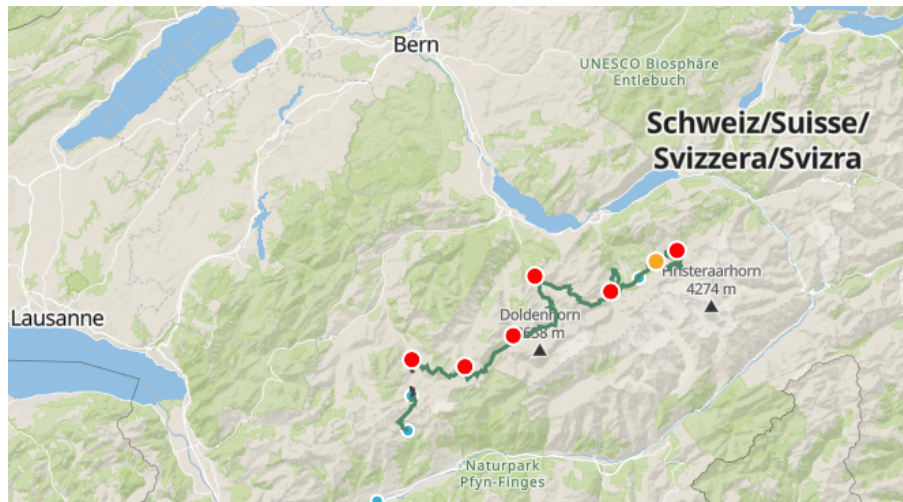
- Trek through stunning alpine scenery amongst the highest peaks in Switzerland including the Eiger and Jungfrau
- Experience the picturesque Swiss alpine villages such as Grindelwald and Kandersteg
- Enjoy the culinary specialities such as Raclette
- Share your hiking day with a group of like minded travellers

A stunning hike capturing the essence of Switzerland - emerald alpine lakes, soaring snow capped peaks, flower laden meadows and quaint wooden farm houses. The Bernese Oberland is a region dominated by high peaks, many over 4000m. Following a section of the Alpine Pass Route that crosses the country, the hike traverses from Lenk, known for its stunning variety of wildflowers across high passes to the famous ski resort, Grindelwald. From a variety of vantage points be rewarded with impressive views of vast glaciers, some of the highest peaks in Switzerland including the Eiger (3970m), Jungfrau (4158m) and Finsteraarhorn (4274m) while to the north glimpse the vast lakes surrounding Interlaken (Thunersee and Brienersee). At night experience traditional Swiss alpine hospitality in the mountain huts designed to comfort weary walkers and feast on simple yet hearty cuisine.

Itinerary: Set departure dates from 5 July to 6 September

- Day 1 Arrive Lac de Tzeuzier, hike to Lenk (5hrs)
- Day 2 Hike to Engstligenalp via the Col d'Ammerten (2443m) (5hrs)
- Day 3 Hike to Kandersteg (6hrs)
- Day 4 Ascent of the Hohtürli Pass and descend to Kiental (6hrs)

- Day 5 Hike to Mürren - Lauterbrunnen (6hrs)
- Day 6 Hike to Grindelwald (7-8hrs)
- Day 7 Loop hike (5hrs), trip concludes Grindelwald



At a Glance:

- **Duration:** 7 days, 6 nights
- **Activity:** 7 days of hiking
- **Type:** Guided
- **Total Distance:** Daily hikes of 5 to 8 hours
- **Grade:** Moderate to Challenging
- **Meals:** 7 breakfasts | 7 dinners

Included:

- 6 breakfasts, 7 lunches, 6 dinners (does not include drinks) – continental breakfasts are served and usually consist of breads, jams, coffee, tea and juices. Lunch is picnic style. Dinner will consist of 2 or 3 courses which include regional specialties
- 6 nights accommodation in mountain refuges and gîte hostels on a dormitory share basis. It is possible to upgrade to a double room for all 6 nights – additional cost applies, available on request at time of booking
- Luggage Transfer, 1 piece maximum 15kg - Additional luggage storage/transfer available, fees apply, must be pre booked
- Experienced mountain guide
- Internal transfers as noted in the itinerary

Not Included:

- Travel to and from the trail head
- Drinks and snacks eg trail mix and protein bars
- Items of a personal nature
- Storage/transfer of excess luggage - fees apply
- Transfers not noted as included
- Items of a personal nature

Additional Services (on request):

- Additional nights
- Transfers and flights
- Travel insurance

- E-sims
- Train Tickets

Payment Terms:

- 30% non-refundable deposit at booking
- 40% due 60 days before departure
- Balance due 30 days before departure

Note: Prices are subject to change based on rate exchange fluctuations and availability.