

Heart & Soul of the Douro Valley Wine Walking Tour



Overview:

Explore the heart of Portugal's stunning Douro wine region with a self-guided 1-week walking tour. Wander through the World Heritage landscape, enjoying picturesque villages, terraced hillsides, and vibrant vineyards. This tour offers breathtaking vistas and the opportunity to experience local culture firsthand.

You'll receive a warm welcome, comfortable accommodation and delicious meals at our carefully selected country houses and hotels. Your Douro walking holiday ends in the fascinating historical city of Porto and the port wine cellars of Vila Nova da Gaia.

Itinerary: Available: March to October

- **Day 1:** Arrival in Porto; enjoy 4-star hotel accommodation.
- **Day 2:** Transfer to Porto train station, scenic train journey from Porto to Pinhão
- **Day 3:** Linear walk from Pinhão to Vilarinho de São Romão (9km) (Meals: Breakfast, packed lunch and dinner)
- **Day 4:** Circular walk via River Pinhão (13km) (Meals: Breakfast, packed lunch and dinner)
- **Day 5:** Linear walk from Vilarinho de São Romão to Alijó (16km) (Meals: Breakfast and packed lunch)
- **Day 6:** Circular walk via São Mamede da Ribatua (15km) (Meals: Breakfast and packed lunch)
- **Day 7:** Linear walk from Alijó to Casal de Loivos (14km) (Meals: Breakfast and packed lunch)
- **Day 8:** Linear walk from Casal de Loivos to Pinhão (6km). Return to Porto by train (not included) (Meals: Breakfast)

At a Glance:

- **Duration:** 8 days, 7 nights
- **Grade:** Moderate, with 6 walking days covering a total of 73.5 km
- **Type:** Self-guided
- **Accommodation** 3-Star and 4-Star
- **Meals:** Breakfast x 7, Packed lunch x 5, Dinner x 2
- **Number of People:** From: 2

Pricing 2025:

1 March - 30 April 16 October - 31 October	Double: R23,275 per person	Single: R33,520 per single
1 May - 15 October	Double: R25,660 per person	Single: R36,305 per single

Included:

- Breakfast daily, 5 packed lunches, and 2 dinners.
- 7 nights' accommodation in charming hotels.
- Luggage transfers between accommodations (days 3 and 4)
- Detailed route notes
- App with trail information for use on a smartphone
- Transfer from Porto airport to Porto Hotel (day 1)
- Transfer from Porto Hotel to Porto Train station (day 2)
- 24-hour emergency contact number

Not Included:

- In-person welcome briefing
- Train transfer (round trip) between Porto Train Station and Pinhão Train Station; Transfer from Porto City to Porto Airport.
- Meals not mentioned above
- Insurance
- Touristic taxes
- Gratuities
- Flights
- Visas

Additional Services:

- In-person welcome briefing R1225
- Winery visit and wine tasting in Pinhão available on request.(R735 per person)

Payment Terms:

- 30% non-refundable deposit on booking
- 40% due 60 days before departure
- Balance due 30 days before departure

Note: Prices are subject to change due to exchange rate fluctuations and availability.

Embark on this unforgettable journey through the Douro Valley and discover the soul of Portuguese wine country.